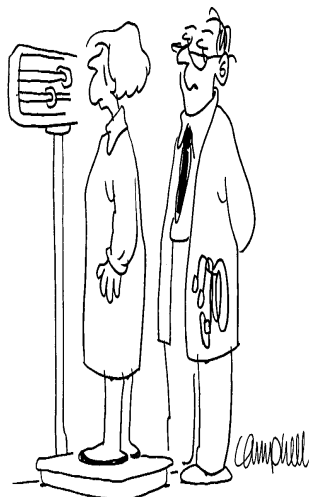


The Shepherd's Messenger



Sunny's Rays



"You counted your blessings instead of your calories on Thanksgiving, didn't you Mrs. Blair?"

Psalms 100:3-4 "Know that the Lord is God! It is he that made us, and we are his; we are his people, and the sheep of his pasture. Enter his gates with **thanksgiving**, and his courts with praise. Give thanks to him, bless his name. For the Lord is good; his steadfast love endures forever, and his faithfulness to all generations."

By the time you read this article it will be November and we all know what that brings; the beginning of the holiday season. All our homes will be filled with those wonderful smells of baking cookies, pies, sweet potatoes, fresh rolls, a roasting turkey with stuffing and a hundred other aromas wafting throughout our homes.

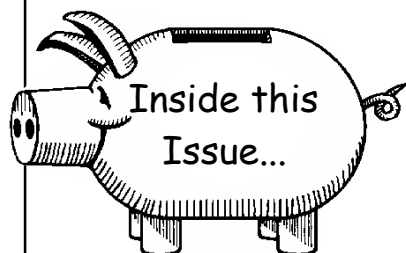
We will probably all pray some sort of obligatory prayer thanking God for everything sitting on that table.

We will gorge ourselves till we can only waddle into the living room, turn on the football game and take a nap, and never give another thought to who truly provided that feast for us. Nor will we give a single thought to those who aren't as fortunate as we are to have that sort of feast, much less be surrounded by friends and family.

Do we truly understand what Thanksgiving should truly be about? Now, I'm not talking about the "pilgrims having dinner with the Indians back in the day", to steal a phrase from my kids, and I'm not talking about the fourth Thursday of November. I'm talking about each and every day giving thanks to the Lord God, our Heavenly Father.

Webster's Dictionary defines thanksgiving as an act of giving thanks; an expression of gratitude. But if we look to God's word for a definition it becomes a little more in-depth. 1 Thessalonians 5:17-18 says: "pray without ceasing, give thanks in all circumstances for this is the will of God in Christ Jesus for you." My interpretation of this is that an aspect of praise gives thanks to God for what He does for us. Ideally, thanksgiving should spring from a grateful heart; but it is required of all believers, regardless of their initial attitude. We should be grateful to God for all things, but especially for His work of salvation and sanctification. We also ought to thank God in anticipation of His answering our prayers knowing that His answers will always be in accord with His perfect will for our lives. Let me give you an example of what I mean.

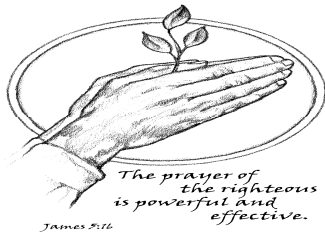
Most of you know that we farmed the first twelve years we were married. It was the family farm and honestly we NEVER dreamed we would leave that place. Our roots - we thought - were permanently embedded there in Southeast Missouri



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(continued on page 3)



Prayer Requests

Our World situation
The Rothfus Family

THOSE AT HOME

Alice Sweet
Samuel Bradley
Alicia Bradley

Those at other residences

CUBA CMH
Lucille Wildrick
Laura Clayson
Pearl Franklin

ABSOLUT HOUGHTON

John Lawton

WATERS OF WEST FIELD

Dawn Durkee

BATH VA CENER

John Visser

EDEN HEIGHTS-BUFFALO

Jane Wright

OLEAN PINES

Adaline Wakefield

EDEN HEIGHTS-OLEAN

Evelyn Steen



Military personnel and their families...

Bob Aaronson
Daniel Bunk
Kevin Desaults
Brad Frank
Mark Keenan
Justin Linza
Carl Randall
Alfred Reynolds
Greg Reynolds
Brandon Snyder
Justin Sweet
Dan Thompson
Ron Truax
Miles Ward
Eric Young

Our continued prayers go out to ALL military personnel who are serving our country by active duty & reserve status, both in the States, and abroad. Our List of Military Names is provided by the Weekly Prayer Group for our Military men and women and our world situation. Gatherings are held on Monday's at 7 p.m. at Our Lady of Angels Roman Catholic Church at 50 South Street in Cuba. All are welcome to attend. For more information, contact Ray Perkins at 585-968-1467

Prayer List Update

Please keep our prayer list up to date.

Requests made in assure proper spelling. You can do this in the attendance pads on Sundays, or drop your request off at the office, or email. If you call your request in, please spell out the name.

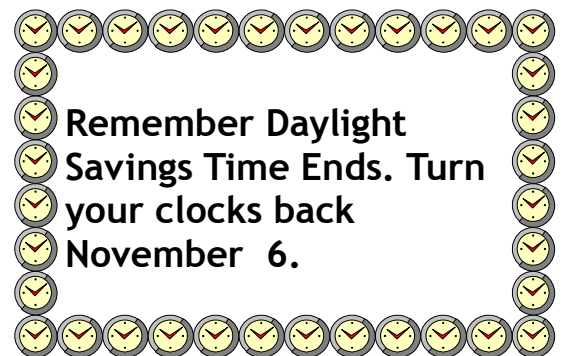
Thank you in advance for your assistance on this.



United Methodist Women

GUEST SPEAKERS

November 13 is the next UMW meeting. We are very privileged to have Sandra Lathrop and De Donner, both from the Cuba Baptist Church. They will give a presentation on Red Bird. The UMW is a donor of this mission. Please mark your calendars and plan to attend. We hope to learn more about this wonderful mission.



(continued from page 1)

But in the late 80's, if you recall, interest rates were 20+%. We had a disease go through our sow herd, and then wild dogs took out the new herd. There was simply no way you could farm; buying everything retail and selling your product wholesale - and make a living.

We had no idea how we were going to make a living and provide for our kids. But God opened the door of the U.S. Air Force and we were off.

I remember vividly leaving that morning. The kids were crying, I was crying and mom and daddy were crying. We thought the world had surely come to an end.

Now, we had prayed vigorously to God to let us stay there, to make that nightmare go away. God said, "NO!" Guess what? We now say a prayer of thanksgiving to God for saying no to us. We were very, very different people then.

God knew what was best for us then. He knows what is best for us now, and tomorrow. He knows what is best for you too. Because he is God!! And because he is God, we need, we MUST, give him thanks.

Scripture tells us this in very plain terms. We don't need an interpretation to understand this. It is a requirement. He is God. He loves us even when we are unlovable. He accepts us back when we stray. He provides all that we have and all that we are and he has provided salvation for each of us.

So, as you go about preparing and devouring this year's Thanksgiving dinner, I would ask you not to cease giving thanks to the Heavenly Father.

And remember that God loves you and so do we.

Pastor Sunny

OUR CHURCH COOKBOOK



CRANBERRY SWIRL COFFEE CAKE

MaryLou VanValkenburgh

1-1/4 cup butter

2 eggs

1 tsp. Baking soda

1 cup sour cream

8 oz. Whole cranberry sauce

1 cup sugar

2 cups flour

1/2 tsp. Salt

1 tsp. Almond extract

1/2 cup Walnuts

Cream butter and sugar together. Add the eggs and beat well. Combine flour, baking soda and salt. Add alternately with sour cream. Add Almond extract. Place half of the batter into the bottom of a well greased tube pan. Swirl half the cranberry sauce over the batter and sprinkle half the walnuts. Then repeat with remaining items. Bake in 350* oven for 55-60 minutes.



Our Annual Community Thanksgiving Dinner will be held on November 20, from 12:00-3:00pm. This dinner is totally free!!!!.

There will be a sign-up sheet for pies. Please help us if you can. We also will need help with cooking, serving and clean up. In the past, everyone has really been great in that area.

The Ad Council will be putting this on, so please if you want to donate something, check with one of them first. We have a small budget and we cannot reimburse for things bought. We will be asking the congregation for donations, as we have in the past.

Take outs will be for membership shut-ins ONLY. The whole idea of the dinner is to have the community staying here and getting to know us. You can call the church for reservations.

I know that this year will be as successful as in the past if we all pull together.



C R O P W A L K 2010

(submitted by Donna Y. Lawton)

Again this year it was a beautiful, sunny afternoon Sunday, October 3, 2010, for the annual CROP Walk at the CRCS track. Although I didn't count total walkers, the number seemed less than last year.

Four took envelopes; two did not walk but collected money. The other two walked and surpassed their pledges from last year: Doris Kellogg and Joshua Enderle. CUMC contributed \$400 to the Council's total; remember 25% will come back to Cuba.

A very special thank-you to CUMC walkers and all the supporters!



TO OUR CHURCH FAMIY

How do we begin to thank you all for your prayers and acts of kindness and caring.

Please know how much Larry and I love you all.

NOVEMBER Helping Hands

Nursery

7: **Reserved for you!**
 14: **Reserved for you!**
 21: **Reserved for You!**
 28: **Reserved for You!**

Ushers

Heather Mouser and
 Shane Kranock

Acolytes

7: Michael Hupp
 14: Jasmyrn Dorsey
 21: Josh Enderle
 28: Josh Tsujimoto

Greeters

7: Jean Higby/
 Barb Spateholts
 14: Mayme Giles
 21: Hattie & Jeff Cooper
 28: Jerry & Donna Burdick

Liturgist

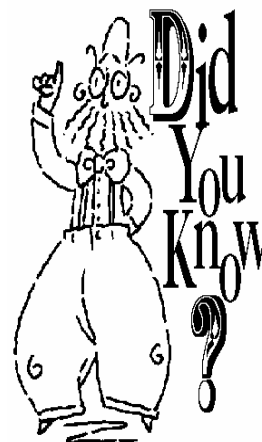
7: Joyce Enderle
 14: Mary Ann Pfouts
 21: Cindy Dutton
 28: **Reserved for You!!**
 29: Judy Zayac

Children's Moment

7: **Reserved for you!**
 14: **Reserved for You!**
 21: **Reserved for You!**
 28: **Reserved for You!**

Altar Guild

Mary Hupp
 Sandy Tsujimoto



submitted by
 Dean Wildrick

The General Commission on United Methodist Men has forged a partnership with Disciple Bible Outreach Ministries of North Carolina in order to bring Disciple Bible Study to prisons across the U.S. The studies are transformational for both volunteers and prison participants, a prison minister said.

NOVEMBER CELEBRATIONS

Birthdays

2 - Samira Nasser	23 - Sandra Allis
3 - Molly Axe	Dave Battistoni
Tim Kunz	Kelly Brickey
4 - Robert Butts	Andrew James
Tom Cilvick	Paul Karle
Sandra Visser	24 - Larry Clayson
5 - Aaron Appleby	25 - Jonathan Clayson
Amy Fry	26 - Kelly Hasard
6 - Norma Andrus	29 - Judy Bowker
8 - Joel Battistoni	30 - David Williams
Tom Krott	
9 - Sue Simmons	
10 - Paula Burlingame	
11 - Lon Sweet	
12- Drew Cox	
13 - Ann Hayward	
14 - Judy Krott	
15 - Calsey Bump	
16 - Lisa Kellogg	
Bruce Metler	
17 - Joyce Amundson	
18 - Teri Violet	
21 - Carey Donahue	
Dawn Enders	
22 - Ryan Morris	
Logan VanNess	

Anniversaries

2 - Rex & Marcia McIntosh
 8 - Tom & Darcy Eastham
 10 - Dick & Jean Bowers
 12 - Tom & Debbie Donahue
 13 - Bryan & Sharooz Manhardt
 23 - Robin & Laurie Torpey
 24 - Tom & June Odell

Please submit any changes to any month's celebrations to cubasec@verizon.net or call the church office. Thank you for your help!

ALTAR GUILD DUTIES

Prepare Communion:

Communion items are stored in the altar guild closet (bread plates, chalices, and cloths)
Communion is served by intinction, unless you are notified differently.
Buy grape juice and **unsliced bread** for communion. (**not salt-rising**)
Place communion white on altar table, and pulpit
Leave four small white cloths (**not paper**) with it, two by the bread and one by each chalice.
Leave the bread whole. Set elements on table covered with a larger white cloth.

Clean up after service:

Please dispose of the consecrated elements by eating the bread or giving it to the birds and giving the juice to the earth (pour on the ground). **Please do not throw these out.**

Check candles:

Fill with fluid as needed (generally every 2-3 weeks.)
Extra wicks and fluid are stored in altar guild closet.
Clean outside of candles with mild soap and water. Candles are breakable if dropped on a hard service.

Change colors with church seasons:

All cloths and banners are stored in the altar guild closet; banner pole by ramp door.
Change cloths on altar, pulpit, and bookmark, (see list for colors).
Also change banners with the seasons (pictures in closet).
Send cloths for dry cleaning as needed.

Polish brass as needed:

Brass cleaner is in the altar guild closet. There may be cut towels in the closet to clean with.
This should be done as needed, about every 3 – 4 months.

Supervise Flowers in the Sanctuary:

Please remove old or wilted flower.

Bible: Generally the large Bible is on the table w/book holder, but not when the altar is bare for lent, or set up for communion. Please do not put the Bible on the floor.

Ash Wednesday Service: The altar should be covered with burlap, 4 white, 2" candles, about 2, 4, 6, & 8" tall; a small white dish of ashes, and ceramic vase of sticks. This will stay on until Easter.

Maundy Thursday: Everything is stripped and the candelabras are brought up and placed in front of the Altar (on plastic).

After the service the Altar cross and the iron one on the foyer wall are draped in black.

Easter:

Prepare order form to take flower orders more than a month ahead. The information needs to be in the newsletter the month before the orders are needed. Have flowers delivered the Thursday before Easter. They will be put in the Sanctuary on Easter morning and taken home after the service.
The tall wood cross needs to come up stairs for the Easter Sunday, to be filled with fresh flowers on Easter morning

Christmas:





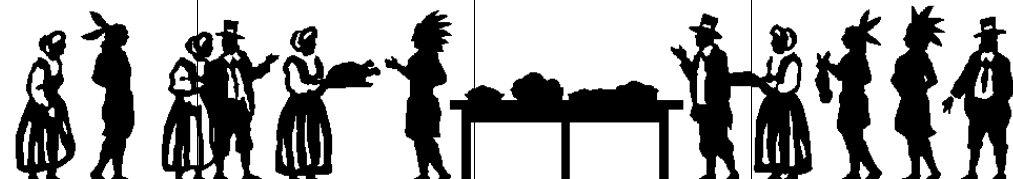
Prepare order form in October to put in the newsletter. Have orders in by the end of November. They will be put in the sanctuary on a Sunday in December, and given to people on Christmas Eve. Once put on the altar, we are in charge of watering them.
Help decorate the Sanctuary for Christmas the Saturday before Advent, and help undecorated later.

Christmas Eve:

Prepare small candles for Christmas Eve service, handout poinsettias after service, and clean candles and holders and put away for next year.

More altar guild items are downstairs in the 3rd and 4th grade classroom - last cupboard.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Ad Council 6:00pm	2 Election Day Spaghetti Dinner 4:00pm	3 Choir Practice 7:00pm	4	5	6 Kung Fu Classes 6-8am Saturdays 
7 Worship 10:am Sunday School 11:15am	8	9 Brown Bag Bible Study 11:45am	10 Angel Food Deadline Choir Practice 7:00pm	11	12	13  UMW 10:00AM
14 Worship 10:am Sunday School Coffee Hour 11:15am	15 	16 Brown Bag Bible Study 11:45am	17 Choir Practice 7:00pm	18	19	20 Angel Food 9-10 Thanksgiving Dinner 12-3pm
21 Worship 10:am Sunday School 11:15am	22	23 Brown Bag Bible Study 11:45am	24	25 	26	27
28 Hanging Of the Greens Sunday School	29	30 Brown Bag Bible Study 11:45am				

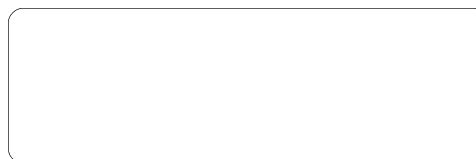
The Shepherd's Messenger

CUBA UNITED METHODIST CHURCH
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www.cubaumc.org • Pastor Sunny Mauser



November 2010

RETURN SERVICE REQUESTED



The Shepherd's Messenger is a publication of the Cuba United Methodist Church, and is published monthly to report news & keep members and friends informed of church programs and events. Deadline for article submission is the third Monday of each month at 9:00 am. Please email articles to Editor's email address, or drop articles off to the church office.

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More Than A Day

As Thanksgiving Day rolls around,
It brings up some facts, quite profound.
We may think that we're poor,
Feel like bums, insecure,
But in truth, our riches astound.
We have friends and family we love;
We have guidance from heaven above.
We have so much more
Than they sell in a store,
We're wealthy, when push comes to shove.
So add up your blessings, I say;
Make Thanksgiving last more than a day.
Enjoy what you've got;
Realize it's a lot,
And you'll make all your cares go away.

By Karl Fuchs